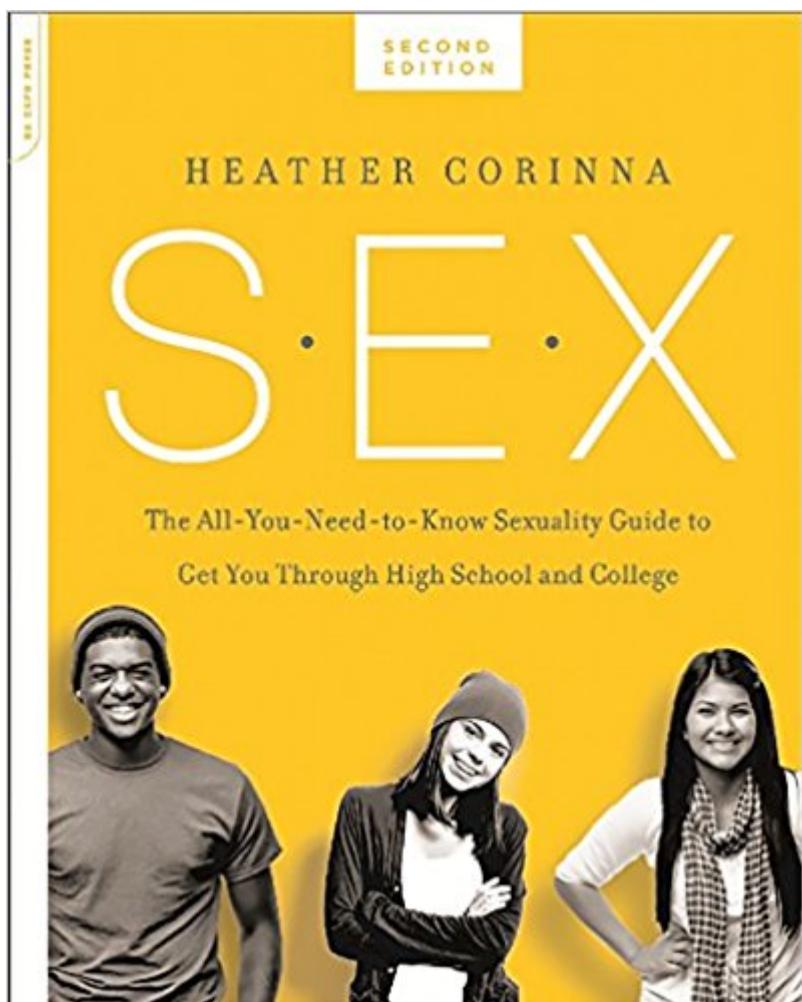


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# **S.E.X., Second Edition: The All-You-Need-To-Know Sexuality Guide To Get You Through Your Teens And Twenties**



## Synopsis

As a teen or emerging adult, dealing with all the changes going on in your life, body, and mind can be mighty overwhelming. When it comes to sex, everyone seems to have strong feelings and opinions about who you should be and what you should (shouldn't) do. How do you decide who to listen to? Heather Corinna and Scarleteen have provided sex education and information to millions of young people, parents, and mentors since 1998; S.E.X tackles all the big topics:Self-image and how to find and claim your own sexual selfHow to best protect and support your sexual and emotional healthSorting out gender and sexual identities, even when they're complicated and confusingThe latest on contraceptive methods and other reproductive choices, sexually transmitted infections, and safer sexFinding, creating, and managing healthy and happy relationshipsHow to set and respect limits and boundaries, and rock consentIdentifying, preventing, or healing from abuse or assault...and much more.Whatever your gender or sexual identity, whether you've already been actively exploring your sexuality or are only just getting curious, S.E.X clearly spells out what you need and want to know&#151;no shame, no judgement, just comprehensive and accurate info in a clear, straightforward language.

## Book Information

Paperback: 480 pages

Publisher: Da Capo Lifelong Books; 2 edition (July 12, 2016)

Language: English

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Product Dimensions: 7.3 x 1.2 x 9.2 inches

Shipping Weight: 1.8 pounds (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars 21 customer reviews

Best Sellers Rank: #20,619 in Books (See Top 100 in Books) #1 in Books > Teens > Personal Health > Sexuality & Pregnancy #9 in Books > Children's Books > Growing Up & Facts of Life > Health > Sexuality #26 in Books > Teens > Education & Reference > Social Science

Age Range: 12 and up

Grade Level: 7 and up

## Customer Reviews

Library Journal&#147;Corinna has put together a blockbuster of a book for young people dealing with sex and relationships. Much like the authors of Our Bodies, Ourselves and its spinoffs, Corinna

answers every possible question teens and young adults could have about virginity, puberty, pregnancy, body image, masturbation, sexual identity, the variety of relationships, and the mechanics of partnered sex. She also addresses topics that are often overlooked, e.g., transgender and intergender identities, realistic teen relationship management skills, and pornography. An excellent resource for preteens, teens, young adults, and people working with these populations; highly recommended for most libraries. •Lisa Jervis, Bitch magazine co-founder; Not only would my own adolescence have been vastly less painful and confusing if I'd had access to the accurate, comprehensive, and above all nonjudgmental information that Heather Corinna so carefully provides, but S.E.X. is, literally, a lifesaving book: Corinna's vast commonsense wisdom--especially on topics relating to gender roles, queer sexuality, and gender identities--has the potential to improve the physical and emotional health of anyone who reads it, and to help heal our culture's unhealthy, conflicted approaches to sex, sexuality, and gender. •Praise for the first edition of S.E.X.: Library Journal (Booksmack! e-newsletter); A great deal about body health and maintenance is included. An outstanding resource section offers both print and online information. •Curve; The Our Bodies, Ourselves for the MySpace generation, this book by the founder of sex ed website Scarleteen.com is a comprehensive course in sexuality and sexual health for teens of any orientation and their parents, teachers and counselors; In a society that all too often scolds and belittles teenagers often deserving of more credit, S.E.X. is revolutionary. •

Heather Corinna is an educator, activist, and Internet publisher and community organizer. She has been teaching for over 25 years, and founded Scarleteen, the award-winning and pioneering sexuality and relationships resource for teens and emerging adults, in 1998. Scarleteen.comTwitter: @Scarleteen

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